

The Theme

Dealing with the uneasiness parents  
feel towards life at a childcare center,  
kindergarten or school.



**Is something wrong? You don't seem so well...**

When your child tells you, "I don't want to go",  
Certainly, many parents have felt perplexed and anxious.

**The reasons are complicated.**

Are they scared of the teacher? Trouble with friends? Can't go  
alone? They are reluctant to go with the various reasons,  
sometimes the children themselves cannot explain.  
Even with discussions with other mothers and searching the  
internet, a solution is hard to come by.....

**It can happen to anybody.**

What should be done to notice the SOS from children  
that parents find difficult to perceive?  
An adult's logic amounts to nothing when it comes to a  
child's mind. As to not aggravate, how should parents  
handle things? What frame of mind should they be in?

**Firstly, why not try a light discussion?**

"How long are you going to act like this?", "Are you  
okay like this?"  
Parents tend to rush at the first sign of trouble and are  
too forceful on children. Together we can find a way to  
make it easier.

S P E A

**Ryoko Uchida (Counseling Psychologist)**

Since 1973, Ms. Uchida has continuously held counseling sessions at multiple healthcare centers in Tokyo. In addition, since 1998 she has presided over «Momo's Room: Child Counseling,» where she continues to hold group counseling sessions on issues such as truant children, delinquent children and stay-at-home children. Also a part-time lecturer at Rikkyo University, and a widely known advisor for NHK Radio phone counseling on children's psychology. A speaker at numerous seminars at child care circles, parents' groups on truant children, and kindergartens across Japan.

Information

**Date&Time: Friday, September 28, 2018 10:00AM – 11:30AM** <Babysitting is provided>

\* Each session will consist of a 1-hour seminar and a 30-minute counseling

**Location: 7F Community Education Hall Training Room at Meguro Citizens Center**  
(2-4-36 Meguro, Meguro-Ward, Tokyo / 10-minute walk from Meguro Station)

**Perfect for:** Parents/guardians who have children in childcare centers, kindergartens,  
and elementary schools.

**Registration & Inquiries:** E-mail at [info@j-ii.org](mailto:info@j-ii.org) or Fax 03-6452-3760 with your name,  
number of participants, and contact information we can reach you  
at on your session date (If you want to get a sitter, number of children, and children's age, too)

**Fee:** 800 Japanese Yen (Please pay on-site on session date)



**Hosted by: Japan Intercultural Intelligence (A Specified Non-Profit Corporation)**

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**With the Support of: Meguro City**

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